

# Herb Gardening

## TASTING NOTES

Write down words that describe how these herbs taste to you.

<b>Basil</b>	
<b>Chives</b>	
<b>Cilantro</b>	
<b>Mint</b>	
<b>Oregano</b>	
<b>Parsley</b>	
<b>Rosemary</b>	
<b>Sage</b>	
<b>Thyme</b>	

### DESCRIBING FLAVORS

**Aromatic:** Strong smell

**Bitter:** Makes your mouth feel dry and pinched

**Cooling:** Makes your mouth feel cooler

**Earthy:** Dusty, minerally

**Floral:** Reminds you of flowers

**Fruity:** Tastes like fruit

**Herbaceous:** Green, grassy

**Hot:** Heats up your mouth

**Nutty:** Buttery

**Peppery:** Makes your mouth tingle

**Piney:** Like a pine tree

**Pungent:** Both smells and tastes strong

**Sharp:** Has a strong but short-lived flavor

**Sour:** Makes your mouth pucker

**Sweet:** Pleasant, sugary

**Woody:** Reminds you of wood or tree bark

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**LEARN MORE WITH THESE EXTENSION RESOURCES**

- ❖ **University of Minnesota Extension Program**  
[www.extension.umn.edu/garden/yard-garden](http://www.extension.umn.edu/garden/yard-garden)
- ❖ **University of Minnesota Extension: Herb Gardening**  
<https://extension.umn.edu/vegetables/growing-herbs-home-gardens>
- ❖ **University of New Hampshire Extension**  
[https://extension.unh.edu/resources/files/Resource003548\\_Rep5083.pdf](https://extension.unh.edu/resources/files/Resource003548_Rep5083.pdf)

## **Things to Consider**

Which herbs do I enjoy? Which tasted good to me?

What would I like to try making with herbs?

Which herbs could I grow?

How should I preserve the herbs so they are most useful for me?