

Extend growing season with removable cover

## Area needed to feed a

 family:For square foot gardening you need as little as $\mathbf{1 6}$ square feet per person for fresh eating and about 32 square feet per person to have enough for preserving!

Traditional gardens, most people seem to agree that for a conventional row garden (a row of corn, a row of lettuce, a row of tomatoes...) 100 square feet per person is needed for a fresh eating garden, and about 200 square feet per person if you want to can food for year round use.

## Plant spacing:

| Plants \#Per Square |  |  |  |
| :---: | :---: | :---: | :---: |
| Basil | 4 |  |  |
| Beans, bush | 9 | Plants Sp | Spacing \#of Squares |
| Beans, pole | 8 | Artichoke N | Not Suitable |
| Beets | 9 | Asparagus N | Not Suitable |
| Carrots | 16 | Broccoli | 18" 4 per 9 squares |
| Celery | 1 | Brussels sprouts | ts 18" 4 per 9 squares |
| Chives | 9 | Cabbage | $18^{\prime \prime} 4$ per 9 squares |
| Cilantro | 9 | Cauliflower | $18^{\prime \prime} 4$ per 9 squares |
| Collard greens | 1 | Pumpkins | $24^{\prime \prime} 2$ with trellis |
| Corn | 3 | Rhubarb Not | Not Suitable |
| Cucumbers | 2 | Summer Squash | $24 " 4$ with cage |
| Dill | 1 |  | 12 " 1 with stake |
| Eggplant | 1 | Tomatoes | 24" 4 with cage |
| Garlic | 4 or 9 |  | 36" 9 no support |
| Kale | , | Watermelon | $24 " 2$ with trellis |
| Kohlrabi | 4 | Winter Squash | $24^{\prime \prime} 2$ with trellis |
| Leeks | 4 or 9 | Zucchini | $24 " 4$ with cage |
| Lettuce, leaf | 4 | It is possible to mix ex: multiple herbs in one box |  |
| Mustard greens | 16 |  |  |
| Okra | 1 |  |  |
| Onions, storage | 4 or 9 |  |  |
| Onions, green | 16 |  |  |
| Oregano | 1 | Basil and Rosemary you can put 4 plants per square, taking up 2 squares. But you can also put 2 Rosemary and 2 Basil in one square if you didn't want so much of the same herb. |  |
| Parsley | 1 |  |  |
| Parsnips | 16 |  |  |
| Peas | 8 |  |  |
| Peppers | 1 | Having said all of this, it is your garden experiment and see what happens. Rules are for breaking. |  |
| Potatoes | 1 |  |  |
| Radishes | 16 |  |  |

## Clinton County Master Gardeners

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## Could not be easier:

1. Build a box
2. Fill with soil
3. Add a grid
4. Start planting
5. Harvest
6. Eat great tasting food


This garden is filled with easy-to-grow veggies.

| Tomato | 1. Peas | Tomato | Tomato |
| :--- | :--- | :--- | :--- |
| Cantaloupe | Tomato | Green <br> Onions | Bush Beans |
| 1.Peas <br> 2. Pepper | herbs | $?$ | Bush Beans |
| 1. Peas <br> 2. Bell Pepper | 1. Leaflettuce <br> 2. Bell Pepper | Carrot <br> Radishes | 1. Spinach <br> 2. Bush Beans |

## Building instructions:

1. Build a box no wider than 4 feet, for weeding purposes. Length is up to you. Be creative. Nail or screw boards together.
2. Once the box is completed, lay flat cardboard on the inside of the bottom of box, this is to keep weeds from growing up into the box.
3. Add 6 inches of soil mix. (See Soil Mixture above)
4. If doing several boxes allow 3 to 4 ft between boxes.
5. On the north end of your box attach a trellis of your liking, this is for climbing vegetables. Old fence gate works well, string trellis, or build your own.
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## Marking the grid:

Measure along the edge of the frame and mark at the 1 foot, 2 feet, 3 feet measurements. Do this along each side. Attach a lath board, so that it rests at the 1 foot mark, and at the same point on the opposite side of the frame. Attach to the frame with screws.
Repeat step 2, setting the boards 1 foot apart for the 2 ' mark and the 3 ' mark. Repeat the same process on the adjoining side.
The end result should be a grid attached to your square foot gardening bed that provides you with $161^{\prime} \times 1$ ' squares.

## Planting your square foot garden raised bed:

Plan your garden.
For starters, you'll want to place tall plants on the north side of your square foot garden bed (so they don't shade the other plants in your garden).

## Timing:

Some plants grow well as early or late season crops. Some need the heat of summer. Some grow in a short time frame, some take the entire growing season. If you plan your square foot garden right, you can get several crops out of each space before the growing season is over!


[^0]:    1. Plant early (peas, spinach, lettuce)

    Plant after harvest of \#1 (peppers, beans)

